

Foundation Project

Uruguay

Activity report 2014

Content

Content	1
1 Project Description	2
2 Activities 2014	3
4 11-14: Course with Lama Ole Nydahl.	5
5 Plans for 2015	5

1 Project Description

In 2003 Lama Ole Nydahl expressed his wishes for a retreat place in Uruguay or Argentina. Uruguay was voted the ideal location due to its strategic location and proximity to the nearest sanghas of Buenos Aires and Porto Alegre.



On August 1st, 2003, the Foundation bought a plot of land of about 54 hectares in a very good location in Lavalleja, in the rural area of the 7th judicial section of the state mentioned, consisting of Fraction No. 1 registered with No. 6.116 (approx. 47 hectares) and Fraction A registered with No. 15.089 (approx. 7 hectares).

Location and access

The retreat place lies about 200km northeast of Montevideo, the capital of Uruguay. Inter State Route (ISR) 8 is the main highway which connects Montevideo with the city of Minas, the capital of the state of Lavalleja where the retreat place is located. Recently completely overhauled and repaved, it is in excellent driving condition and allows for a quite speedy and comfortable drive of about 2hrs until reaching the first gravel road access to the property which is about 30 km north-east of the city of Minas on ISR 8.

In total there are three access roads which lead to the retreat place from the highway. Two of these access roads are the most useful although they differ in conditions and distance to the retreat place. Both start as major gravel roads and narrow down to basically farm roads that need the opening cattle gates to pass through. The first is about 30 km long from the highway to the retreat place and serves approximately 15 to 20 neighboring farms. The second one is 19 km long and serves approximately 10 to 15 neighboring farms. Following is a list of approximate distances to the most important cities: Buenos Aires 380 km W / Porto Alegre 550km NE / Montevideo 200 km W / Minas 50 km W / Punta del Este 150 km SW / Vil la Serrana 26 km W.



2 Activities 2014

January 2014

3 Weekend 2-6 : Group meditation retreat

March 2014

- 1- 4: Group meditation sessions. General repair and maintenance, clearing of scrub, grass cutting.

April 2014

- 1 11-13: Course with travelling teacher from England Cristina Ferrando.

May 2014

- 10-11: Ngondro and 8th Karmapa meditation retreats.

June 2014

- 11-13: Course with travelling teacher from Peru Alfonso Costa.

July 2014

- 5-6: Group meditation retreat.

August 2014

- 23-25: Maintenance work and group meditation sessions.

September 2014

- 12-14: Gallery tile floor and kitchen extension windows installation. Group meditation sessions.

October 2014

- 10-12: Course with travelling teacher from Poland Wojteck Tracewski.

November 2014

- 1-3: Course preparation work and meditation sessions.
- 8-9: Course preparation work and meditation sessions.
- 15-16: Course preparation work and meditation sessions.
- 22-23: Course preparation work and meditation sessions.

December 2014

- 9-10: Course with travelling teacher from Hungary, Marta Gyorgy Kessler.

4 11-14: Course with Lama Ole Nydahl.

5 Plans for 2015

Building Plans:

- New tool-shed: our old tool-shed needs to be renovated. It will be relocated and bigger to increase storage capacity.
- Women's camping showers renovation.
- Scrub control: burning plus neighbour's sheep and cows grazing on young plants.
- Maintenance and repair of Lama Ole's apartment.
- General house building details finishing off.

Projected Activities for 2015:

- Group meditation retreats.
- Group meditation and construction retreats.
- Retreat courses with travel teachers.

April 3-5: Ofelia Grzelinska (Poland)

June 5-7: Klaus Neukirchen (Germany)

September 5-6: Tommy Bogs (Denmark)

December:

- Meditation course with travel teacher right before Lama Ole Nydahl's course.

Course with Lama Ole Nydahl.